



## PE Curriculum Overview 23-24



| Year Group | Class       | Autumn 1               | Autumn 2               | Spring 1                    | Spring 2                | Summer 1                 | Summer 2            |
|------------|-------------|------------------------|------------------------|-----------------------------|-------------------------|--------------------------|---------------------|
| 1          | Y1          | Team Building          | Fundamentals           | Dance                       | Invasion Games          | Sports Day               | Athletics           |
|            |             | Gymnastics             | Sending and receiving. | Fitness                     | Ball Skills             | Target games             | Net and Ball Games  |
| 2          | Y2          | Team Building          | Dance                  | Gymnastics                  | Invasion Games          | Sports Day               | Athletics           |
|            |             | Yoga                   | Fundamentals           | Sending and receiving       | Ball Skills             | Target games             | Net and Ball Games  |
| 3          | Skylarks    | Tag Rugby<br>OAA       | Dance<br>Fundamentals  | Fitness<br>Ball Skills      | Athletics<br>Tennis     | Gymnastics<br>Sports Day | Cricket<br>Handball |
|            | Woodpeckers |                        |                        |                             |                         |                          |                     |
|            | Robins      |                        |                        |                             |                         |                          |                     |
| 4          | Swans       | Hockey<br>OAA          | Football<br>Netball    | Dance<br>Swimming           | Athletics<br>Basketball | Sports Day<br>Gymnastics | Yoga<br>Rounders    |
|            | Kingfishers |                        |                        |                             |                         |                          |                     |
|            | Hérons      |                        |                        |                             |                         |                          |                     |
| 5          | Owls        | Swimming<br>Gymnastics | Yoga<br>Tag Rugby      | Football<br>Basketball      | Dance<br>Athletics      | Sports Day<br>Badminton  | OAA<br>Cricket      |
|            | Falcons     |                        |                        |                             |                         |                          |                     |
|            | Kestrels    |                        |                        |                             |                         |                          |                     |
| 6          | Ospreys     | Hockey<br>Gymnastics   | Swimming<br>Fitness    | Netball<br>Indoor Athletics | Dance<br>Athletics      | Sports Day<br>Volleyball | OAA<br>Rounders     |
|            | Hawks       |                        |                        |                             |                         |                          |                     |
|            | Eagles      |                        |                        |                             |                         |                          |                     |